



**WESTIN**  
HOTELS & RESORTS

## Your Personal Guide to Renewal

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April - May 2019

**THE WESTIN RESORT  
NUSA DUA, BALI**

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# Welcome to The Westin Resort Nusa Dua, Bali



On behalf of our entire team of associates, we wish you a revitalizing stay filled with meaningful experiences. In this edition of our bi-monthly newsletter, we share details about all of the family-friendly dining options, wellness rituals and fun

recreation activities that have been created to enrich your time with us on the island of Bali.

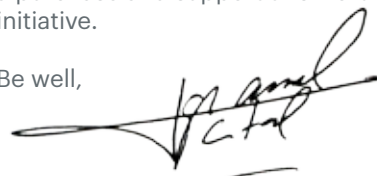
As the year progresses, we are committed to celebrating international holidays alongside local Balinese traditions. The next major event coming up on the calendar is Easter weekend and we'll be honoring the occasion with an extra special brunch at Prego. There'll also be engaging pastimes for little ones with lots of sweet treats and a surprise visit from the Easter Bunny.

Summer is fast approaching and we continue to put families first with brand initiatives such as the Westin Eat Well Menu for Kids and our dedicated Westin Family Kids Club. Every little traveler is presented with an amenities pack on arrival with the added bonus of a drink bottle that can be refilled at all restaurant outlets with our compliments. With accommodation options created with families in mind, choosing to stay at

The Westin Resort Nusa Dua, Bali has never been easier.

In other news, we are delighted to announce that we are now unlocking the unspoken talents of students with disabilities as part of our corporate 'Serve Our World' program. At our Resort Boutique, we are currently showcasing a creative range of handcrafts and gift items produced by students from a local campus for young adults with special needs. The proceeds from all sales are being directed back to the school to help cover educational costs. If you happen to see something of interest, we encourage you to make a purchase and support this worthy initiative.

Be well,



Oriol Montal  
General Manager

## Service From The Heart

The Westin Resort Nusa Dua, Bali takes great pride in the concept of delivering 'Service from the Heart'. This involves taking care of guests in the best possible way and anticipating all needs before they are even realized. One associate in particular who has been tasked to handle our elite members is Marriott Bonvoy Manager, Nyoman Satryani. She maintains a visible presence within the resort at all times to ensure that everything goes smoothly right down to the finest detail.

Balinese born and bred, Satryani is a true nurturer. She is instinctively known for her warm personality and upbeat manner that immediately puts people at ease. Having developed her career with the resort for over 15 years, Satryani is a familiar face who is always ready with kind words and a sunny smile. She can be relied upon to get the most challenging duties

done and she also has the unique ability to make every encounter a personal experience.



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- ASEAN Spa Services Standard 2019-2021 by ASEAN Tourism Awards
- Best Supporting Hotel by Ctrip Awards 2018
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- Best Upscale Hotel, MakeMyTrip India 2018

# Culinary Weekly Highlights

## DAILY

### Tasty Afternoon Treats

The Lobby Bar & Lounge  
3:30PM to 5PM

Enjoy an irresistible array of sweet and savory SuperfoodsRx delicacies paired with JING tea or illy coffee in our The Lobby Bar & Lounge.

IDR 185,000++ per person.

IDR 275,000++ per person including a glass of sparkling wine.



### Paella And Sangria Noche

Velada  
6PM to 11PM

Treat yourself to Chef Alessandro Molini's special Paella at Velada Tapas Bar & Kitchen. Enhance your evening with refreshing a jug Sangria together with friends and family. Paella and Sangria will ensure a truly memorable evening at the resort.

## WEDNESDAYS & FRIDAYS

### Prego Pizza Class

Prego Italian Restaurant  
12:30PM to 3PM

Put on your apron and discover the secrets of creating authentic Italian pizza with our Italian Chef, Alessandro Molini. IDR 225,000++ per person for pizza session, lunch & ice tea.

## THURSDAYS

### Thirsty Thursday

The Lobby Bar & Lounge  
6PM to 8PM

Raise your glass to the end of another day in paradise at our Lobby Bar & Lounge. Enjoy our 'two for one' offer with a range of signature cocktails as you relax with live music.

### Japanese Unlimited

Hamabe  
5.30PM to 10PM | 5.30PM to 8PM (Family Dining Time)  
8PM onwards for adults only

Savour an array of Japanese favorites at Hamabe, such as sushi, sashimi, noodles, teppanyaki, robotayaki and many more. Order from our special menu or choose from the display.

IDR 595,000++ per person.

### Family Sushi Making Class

Hamabe  
2PM to 3:30PM

Roll up your sleeves and join our fun Thursday session of sushi making. Our trained Chef will reveal the secrets of preparing rice and perfecting the art of sushi making. Come as group or by yourself.

IDR 290,000++ per person including Japanese dessert & green tea.

## FRIDAYS

### Taste of India

Ikan Beach Garden  
6:30PM to 9:30PM

Let us take you on a culinary adventure that unveils the rich flavors of Indian cuisine. Savor an authentic buffet with interactive cooking stations such as Kebabs and favorite Indian street food including Dosa, Pani Poori, Keema Pao, Dahi Bhalla and more. Executive Chef Manoj Rawat and his team will satisfy your appetite with this exotic feast that takes place at Ikan Beach Garden.

IDR 420,000++ per person.

### Ladies Night

Ikan Beach Lounge  
5:30PM to 7:30PM

Calling all Ladies! Come and enjoy a laid-back evening by the beach that has been created just for you. Kick off your shoes for a bare foot sensation in our stylish lounge setting overlooking the Indian Ocean. Treat yourself to our special two for one beverage offer while listening to vibrant music that will get you in the holiday mood.

## SUNDAYS

### Prego Brunch Adventura

Prego Italian Restaurant  
11:30AM to 3PM

Explore the flavors of Italy with our lively family brunch featuring an array of mouth-watering treats including a live grill station, pasta cooked to order, irresistible sweets and much more.

IDR 485,000++ per person including free flow signature iced teas, coffee and soft drinks.

## NUSA CANA POP UP BAR

Ikan Bar  
Daily in May 2019

Cheers and bottoms up for another great day in paradise. Enjoy the signature cocktails of Nusa Cana, a unique Tropical Island Rum and a project to bring back the forgotten story of an ancient Indonesian craft still alive today. With a passion of a great booze, Nusa Cana's own bartender will serve you an effortless mix while looking at the Indian Ocean.

During the Holy Month of Ramadan please refer to our Nighttime food selection in the In Room Dining Menu or contact one of our team members directly for specific dietary requirements.

Prices are subject to 21% government tax and service charge.

To make a reservation, please call Service Express or email to [dining.bali@westin.com](mailto:dining.bali@westin.com)

# Daily Activities

## MONDAY

7:30AM RunWestin  
 9AM Family cycling\* or stretching exercise  
 11AM Aquacise  
 12 noon Fun water volleyball  
 1:30PM Billiard competition or free play petanque  
 3PM Table tennis lesson  
 4PM Fun mini soccer

## TUESDAY

7:30AM RunWestin  
 9AM Family cycling\* or stretching exercise  
 9:30AM Family olympics  
 11AM Aquacise  
 12 noon Fun water volleyball  
 1:30PM Ping pong competition or free play petanque  
 2:30PM Fruit carving demonstration  
 4PM Pilates

## WEDNESDAY

7:30AM RunWestin  
 9AM Family cycling\* or stretching exercise  
 11AM Aquacise  
 12 noon Fun water volleyball  
 1:30PM Billiard competition or free play petanque  
 2:30PM Hotel temple visit  
 4PM Fun mini soccer

## THURSDAY

7:30AM RunWestin  
 9AM Family cycling\* or stretching exercise  
 11AM Aquacise  
 12 noon Fun water volleyball  
 1:30PM Ping pong competition or free play petanque  
 3PM Balinese art creation  
 4PM Pilates

## FRIDAY

7:30AM RunWestin  
 9AM Family cycling\* or stretching exercise  
 11AM Aquacise  
 12 noon Fun water volleyball  
 1:30AM Billiard competition or free play petanque  
 3PM Balinese offering creation  
 3:30AM Family olympics  
 4PM Fun beach mini soccer

## SATURDAY

7:30AM RunWestin  
 8AM Family yoga\*\*  
 9AM Family cycling\* or stretching exercise  
 11AM Aquacise  
 12 noon Fun water volleyball  
 1:30PM Ping pong competition  
 2:30PM Fruit carving demonstration  
 4PM Power walking

## SUNDAY

7:30AM RunWestin  
 9AM Family cycling\* or stretching exercise  
 11AM Aquacise  
 12 noon Fun water volleyball  
 1:30 Free play petanque  
 2:30PM Free play badminton  
 3PM Billiard competition  
 4PM Tennis clinic

### NOTE:

- Meeting point at Towel Counter, except RunWestin at Lobby Terrace
- \*Cycling tour available at IDR 100,000 net per person
- \*\*IDR 300,000 net per family (2 adults & 2 kids) for resident guests, IDR 600,000 net per family for non-resident guests

Please visit us at the Towel Counter to learn more about these activities and register for an array of enriching pastimes.

## Fitness Calendar

Daily from Monday - Friday, 3PM - 4PM  
 Group classes are available at IDR 100,000 net per person.

**MONDAY** Tabata (high intensity interval training) Method is proven to increase your resting metabolic rate due to post-exercise oxygen consumption which helps you burn that extra fat like no other training system

**WEDNESDAY** Cross Fit Training is a system of training that aims to produce an elite level of general physical conditioning in the most efficient manner possible

**SATURDAY** Body Toning, the program consists of four primary workouts: three strength circuits and a cardio routine

**SUNDAY** Functional Training is training as it mirrors everyday life, because functional fitness is a dynamic, multi-planar method of training similar to life

## Personalized Sessions

Private sessions available on request.  
 30 minutes IDR 450,000 or 60 minutes IDR 700,000

**Reiki Healing** - utilizes prana to balance, harmonize and transform the body's energy channeling process. It is a simple yet powerful & effective system of touch-less energy healing.

**Stress Management Program** - designed for those who feel the need to make positive lifestyle changes and lead a fulfilling existence. It covers chronic stress, memory loss, inability to concentrate, anxiety, hostility and depression.

**Personal Training Session** - in a personal fitness training session we motivate you by setting goals and providing feedback and accountability. We also measure your strengths and weaknesses with fitness assessments. *60 to 90 minutes.*

**Food & Nutrition Consultation** - food and nutritional consultation is targeted to a person's need and promotes dietary changes. Nutritional consultation is an active part in the treatment of people with eating disorders or drug/chemical dependencies, the food habits. *60 minutes.*

Meeting Point at 'SANCTUARY' Heavenly Spa. All activities are weather dependent and venue is subject to change. Light comfortable clothing are recommended.

Prior reservations are required for all sessions, call Heavenly Spa extension 6438 or press Service Express on your phone.





## Back to your Best Self

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A new journey begins at The Westin Resort Nusa Dua, Bali with our Wellness Manager – Jitendra Pokhriyal. Hailing from the birth place of Yoga in India, Jitendra brings with him the ancient knowledge of yoga and meditation. Give yourself the gift of wellness with an array of holistic activities at the resort. Also on offer are exclusive group classes and private sessions for a small fee.

### MONDAY

7 - 8AM Hatha Yoga for Beginners at Temple Garden  
 8:15 - 8:45AM Pranayama\*  
 9 - 9:30AM Meditation (Chakra Shuddhi)  
 5:15 - 6:15PM Intermediate Hatha Yoga  
 6:30 - 7PM Meditation (Chiddakash Dhyana)

### TUESDAY

7 - 8AM Hatha Yoga for Beginners at Temple Garden  
 8:15 - 8:45AM Meditation (Ajapa Japa)  
 9 - 9:30AM Life Talk Series\*  
 5:15 - 6:15PM Intermediate Hatha Yoga  
 6:30 - 7PM Pranayama\*

### WEDNESDAY

7 - 8AM Hatha Yoga for Beginners at Temple Garden  
 8:15 - 8:45AM Yoga Nidra  
 9 - 9:30AM Meditation (Kaya sthairyam)  
 5:15 - 6:15PM Intermediate Hatha Yoga  
 6:30 - 7PM Life Talk Series\*

### THURSDAY

5:30PM Gentle Yoga Session

### FRIDAY

5:30PM Gentle Yoga Session

### SATURDAY

7 - 8AM Hatha Yoga for Beginners at Temple Garden  
 8:15 - 8:45AM Meditation (Ajapa japa)  
 9 - 9:30AM Pranayama\*  
 5:15 - 6:15PM Intermediate Hatha Yoga  
 6:30 - 7PM Meditation (Chidakash)

### SUNDAY

7 - 8AM Hatha Yoga for Beginners at Temple Garden  
 8:15 - 8:45AM Pranayama\*  
 9 - 9:30AM Life Talk Series\*  
 5:15 - 6:15PM Intermediate Hatha Yoga  
 6:30 - 7PM Meditation (Kaya Sthairyam)

\*indicates complimentary wellness sessions.  
 Meeting Point at 'SANCTUARY' Heavenly Spa.  
 Wellness sessions: IDR100,000 net per person.  
 For non resident guest: IDR200,000 net per person per session.

All activities are weather dependent and venue is subject to change. We recommend light comfortable clothing. Prior reservations are required for all sessions, call Heavenly Spa extension 6438 or press Service Express on your phone.



# Chef Mimin Mintarsih

The Westin Resort Nusa Dua, Bali is excited to welcome Mimin Mintarsih on board as Executive Pastry Chef. She has come to Bali direct from a three-year stint as Executive Pastry Chef with Hilton Dead Sea Resort & Spa Jordan.

Born and educated in Sukabumi – Indonesia, Mimin has spent most of her career working at luxury properties in the Middle East. She brings 18 years of creative experience to her newest role, specifically in the highly skilled areas of baking and pastry production. As a culinary artisan, Mimin is expected to take the desserts and other baked goods on offer at the resort's distinctive dining venues to whole new level. Her feminine eye for detail, commitment to team work and refusal to accept second best are

all defining characteristics that will serve her well. With a passion for pushing boundaries, Mimin will be looking to revitalize the whole afternoon tea experience currently available daily at the Lobby Bar & Lounge. She is eager to familiarize herself with the island of Bali and use her findings as a source of inspiration.

“We are delighted to have Mimin as part of our team. She is an energetic and engaging force to be reckoned with who will certainly be a positive role model to many of our younger associates. I guarantee that she is going to wow us all by putting out sweet treats that look just as good as they taste,” says Director of Food & Beverage of The Westin Resort Nusa Dua, Bali, Manoj Rawat.

## Sacher Torte Sponge

### INGREDIENTS

- all purpose flour 170gr
- caster sugar 110gr
- icing sugar 250gr
- fresh eggs yolk 225gr
- fresh eggs white 340gr
- dark chocolate 340gr
- butter 170gr
- cocoa powder 60gr

### PREPARATION AND SERVICE:

1. Sieve flour and cocoa powder together
2. Beat the egg yolks and icing sugar together, once already white and fluffy pour slowly flour and cocoa powder
3. Also in the other bowl beat caster sugar and egg white until fluffy
4. Melt dark chocolate and butter together, pour into mixture then mix with merengue
5. Ready to bake @ 180° Celsius about 30 - 40 minutes

### CHOCOLATE GANACHE

#### INGREDIENTS

- dark chocolate DGF 750gr
- milk chocolate DGF 750gr
- whipping cream elle 1,200gr

### PREPARATION AND SERVICE:

Let boil whipping cream then put both chocolates and whisk using balloon whisk until all nice combine and ready to use

### TANGERINE SAUCE

#### INGREDIENTS

- tangerine local 200gr
- sugar 300gr
- maizena 15gr

### PREPARATION AND SERVICE

Let boil tangerine juice and sugar then put little water into maezena then mix together until combine and little thick.





## The Lobby Bar & Lounge

Elegant and modern, with opaque glass work suspended over the bar, The Lobby Bar & Lounge is in the heart of our resort. Enjoy selected light bites and a full menu of drinks as you take in the tropical beauty of our landscaped gardens and tranquil pools, with the azure Indian Ocean stretching out to the horizon. Delight in afternoon tea in air-conditioned comfort, or wind down your day with your favorite cocktail.



## Thirsty Thursday

THURSDAY  
THE LOBBY BAR & LOUNGE  
6PM to 8PM

Raise your glass to the end of another day in paradise at our Lobby Bar & Lounge. Enjoy our 'two for one' offer with a range of signature cocktails as you relax with live music.

To make a reservation, please call Service Express or email to [dining.bali@westin.com](mailto:dining.bali@westin.com)



## Tasty Afternoon Treats

THE LOBBY BAR & LOUNGE  
3:30PM TO 5PM

Enjoy an irresistible array of sweet and savory SuperfoodsRx delicacies paired with JING tea or illy coffee in our renewed The Lobby Bar & Lounge.

IDR 185,000++ per person  
IDR 275,000++ per person including a glass of sparkling wine.

Price is subject to 21% government tax and service charge.





# Unlocking The Unspoken Talents of Students with Disabilities

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During our many years of operation, the Management Team and associates of The Westin Resort Nusa Dua, Bali have carried out various social activities as part of an ongoing effort to help communities in need around the island. All of these initiatives are intrinsically tied to one of Marriott International's core values, "Serve Our World", which is all about doing good on a personal and professional level.

Some of our programs include providing life skill sessions and on-the-job training opportunities for students with disabilities in partnership with local school for the disabled (Sekolah Luar Biasa No 1 Badung). This special needs campus is currently responsible for the education of 387 students who have a range of different disabilities such as auditory loss (deafness), down syndrome and autism. A total of 60 students reside in the school's dormitory, which is located onsite. The students learn in accordance to their personal interests and/or potential abilities. We have contributed by providing students with on-the-job training opportunities with an intense six-month program in the areas of Housekeeping, Stewarding, Culinary and Engineering. This partnership has been running continuously since 2005 (14 years) and to date, 121 students have completed their traineeship with us. Now, we are enhancing our partnership and contribution to the school by promoting the students' handicraft products.

If you would like to join us in unlocking the students' unspoken talents, you can purchase some of their gift items at our Resort Boutique in The Arcade. The school will use all of the proceeds to further support the students' learning needs. For them, nothing is too small.





# Beach Experiences

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Tripadvisor recently revealed their list of top beaches based on millions of traveler reviews and opinions on the site and awarded those beaches as the winners of the 2019 Traveler's Choice Award for the Beaches category. Bali secured one spot on the list with Nusa Dua Beach in rank #15 from Top 25 Beaches in Asia and rank #2 from Top 10 Beaches in Indonesia. Nusa Dua is described as beautiful, clean sandy beach, perfect for families and for relaxing. With this in mind, we have created three refreshing Beach Experiences for guests to enhance their time at the resort.



## Intimate Dining Nest

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7PM to 10PM

Treat that special person in your life to a sumptuous five-course international or local set dinner designed to celebrate the spirit of romance. Unwind under the stars as you wine and dine in your intimate dining nest for a truly memorable evening.

## Charter a Chef

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6PM to 10PM

Take pleasure in having your very own Private Chef create a flavorful dinner tailored to your personal taste preferences. Share this culinary experience with your loved one, family or a small group of friends in a relaxing beachfront setting. Your 'Chartered Chef' will use the freshest ingredients to cook a sensational meal and a team of servers will also be on hand to pay special attention to all your dining needs.



## Sea. Sunset. Soul

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Place your feet in the sand as the refreshing sea breeze whispers caressing notes to your soul. The evening sets in and brings forth an intimate scene just for two or even a small group of your closet friends. Sit back and enjoy the moment with music, a selection of cocktails and discerning culinary delights, all right here at your own haven.

To make a reservation, please call Service Express or email to [dining.bali@westin.com](mailto:dining.bali@westin.com)



# Celebrating Easter

Relax and recharge with your loved ones this Easter holiday with a fun-filled activities and access to Westin Family Kids Club. Join us in the fun Easter Egg Hunt and Painting, followed by Family Easter Brunch at Prego.



## Easter Brunch

Prego  
 Sunday, 21 April  
 11.30AM to 3PM

Celebrate Easter holiday with your loved ones in a fun filled ambience of our Sunday Brunch. Prego's own Chef, Alessandro Molini and his culinary team prepares a mouthwatering authentic Italian delicacies with an array of irresistible Easter sweets and treats. Don't miss all the fun of Easter Egg Hunt, Egg Painting, Face Painting, Easter Pinata, and Easter Olympic Games supervised by Westin Family Kids Club team.

Prices are subject to 21% government tax and service charge  
 For reservations, please Service Express or email to [dining.bali@westin.com](mailto:dining.bali@westin.com)

## Easter Family Wellness

Sunday, 21 April 2019  
 Wellness Platform

Take time to focus on the well-being of your family. This personalized session involves a sequence of healthy lifestyle practices that are suitable for all ages. Begin with a series of gentle stretches and postures performed together to promote better flexibility. Follow up with some essential breath work to improve lung capacity and overall vitality. Conclude with a guided meditation for heightened relaxation and peace of mind.



## Hopping Easter

Sunday, 21 April  
 8AM onwards  
 Temple Garden  
 Complimentary for kids  
 between 4 - 12 years

Take a joyful leap on Easter accompanied by our team at the Westin Family Kids Club. Follow the Westin Easter Bunny around the resort, for the sweetest treat on this festivity. Join the excitement and fun of colorful tattoos, magic balloons, face painting, magic show and Easter egg painting.





## THE WESTIN

RESORT  
NUSA DUA  
BALI

# Charter a Chef

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Daily, 6PM to 10PM

Take pleasure in having your very own Private Chef create a flavorful dinner tailored to your taste. Share this culinary experience with your loved one, family or a small group of friends in a relaxing beachfront setting.

Your 'Chartered Chef' will use the freshest ingredients to cook a sensational meal and a team of servers will also be on hand to pay special attention to all your dining needs.

From IDR 1,475,000++ per person including a glass of sparkling wine.

Price is subject to 21% government tax and service charge.

Available for couple, family and group dining.

To make a reservation, call Service Express at ext. "0" or email [dining.bali@westin.com](mailto:dining.bali@westin.com)



## Heavenly Spa by Westin™

Offers uplifting spa experiences to restore body and soul. Unwind in our luxurious his and hers thermal facilities, release muscle tension in the shiatsu room or rejuvenate with sacred spa rituals.

Complimentary with every spa treatment: arrive 30–45 minutes before your first service, and enjoy the steam room, Himalayan salt-sauna, hydro pool or a warm shower. It's the perfect way to relax and warm your muscles, aiding the therapeutic benefits of our treatment and services. Available from 10AM to 10PM.



GLOBAL WINNER FOR THE LUXURY ROMANTIC DESTINATION SPA  
REGIONAL WINNER FOR THE LUXURY WELLNESS SPA

## Spa Bale

Experience the healing art of massage in the unique setting of our Spa Bale. Indulge in the soothing ambience of the beachfront garden as the nurturing hands of our Spa Therapist works to gently relax your body into a sense of calm. Available from 10AM to 6PM.

For information and reservations, please call Heavenly Spa extension 6438 or press Service Express on your phone.



## Golden Week Best Deal

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Reverse the effects of living in today's modern world with an aromatherapy massage. Enjoy this rejuvenating treatment with a partner as the intuitive power of touch is harnessed to melt away all traces of muscular stress and tension. Choose your preferred essential oil created from pure botanicals that are known to have healing properties and encourage relaxation.

IDR 1,500,000 per couple for 60 minutes treatment  
Available daily in April 2019.



## Mother's Moment

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Every mother deserves some personal time out to peacefully unwind and recharge. This package focuses on reclaiming yourself with a gentle massage to ease tension and evoke deep relaxation. A reviving facial will then give your tired skin a new lease of life. It is followed by a guided session of yoga that combines stretching exercises with breath work to promote overall wellness. Finish off with a tantalizing afternoon tea to complete this refreshing experience.

IDR 1,500,000 for 3 hours treatment.  
Available daily in May 2019.



## Easter Retreat

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Experience the wellness benefits of essential oils with an aroma massage that combines the intuitive art of touch with a healing scent of your choice to calm the mind and invoke deep relaxation. Continue with an aroma body scrub to gently eliminate impurities and give your skin a new lease of life.

IDR 1,100,000 net per person for 105 minutes treatment.  
Available daily in April 2019.



## Trataka Meditation

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In honor of International Women's Day, Heavenly Spa by Westin presents Trataka Meditation during the month of March to complement its regular Wellness Calendar. Hatha Yoga defines Trataka as the practice of looking intently with an unwavering gaze at a small point until tears are shed.

Trataka, also known as third eye meditation, is performed in a darkened room using the flame of a candle as a focal point. This simple technique has a purifying effect on the mind and improves concentration, paving the way for a deeper meditative state. It also enhances the power of memory, strengthens eye muscles and helps develop greater spiritual awareness.

IDR 150,000 net for 45 minutes meditation.  
Available daily in April 2019 except Thursday and Friday.

Above promotions can not be combined with other offers.  
24 hours reservation is required, cancellation policy will be applied for any cancellations without notification.

# Westin Kids Spa

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Young spa-goers will love Westin Kids Spa. It is a chance to be pampered with mini facials, temporary tattoos, manicures and pedicures and get Bali beach ready with fun braiding too.

## **FUN FRUITY CREAM BATH FOR KIDS**

Make your hair as smooth as a prince and princess with our combination of fruit natural cream bath. A choice of strawberry vanilla, blue berry mint, avocado honey and milky orange cream bath.

(45mins - 350)

## **TWINKLE TOES & FANCY FINGERS**

Sparkle and shine with this manicure and pedicure, leaving fingers and toes party ready.

(45 mins - 450)

## **BEST FRIENDS FOREVER**

Girlfriend fun with a fresh face clean and nail color of your choice.

(30 mins - 750 per couple)

## **PRINCE or PRINCESS**

Be pampered like a prince & princess with a fun fruity crème bath and the choice of a temporary tattoo or pretty nail art.

(45 mins - 450)

## **MOMMY AND ME**

Enjoy some special Mommy time with a massage by the beach and kids hair braiding or temporary tattoo.

(30 mins - 750 per couple)

## **MY BIRTHDAY WISH**

Enjoy your birthday with a choice of:

- Facial with Temporary Tattoo or

- Facial with Manicure or Pedicure

(45 mins - 450)

## **MINI FACIAL**

Freshen up your face with this healthy mini facial.

(30 mins - 400)

## **HAIRSTYLING**

Cool quiffs for boys and glossy locks for girls with a little luxe wash and blow dry.

(45 mins - 500)

## **HAIRBRAIDING**

Girl's gotta have it; let us braid and bead your hair for a full Bali beach style.

Single Braids 50

Half Head for Short Hair 300

Full Head for Short Hair 500

Half Head for Medium Hair

400

Full Head for Medium Hair

600

Half Head for Long Hair 450

Full Head for Long Hair 750

Want a 'Spa-rt'y' for your birthday?

Please contact the spa and we'll arrange everything.

## Let's Have Fun!

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Daily from 10AM to 1PM

Give your little ones a classy child-friendly pampering experience. Enjoy fresh mini facial, Bali beach style with hair braiding, fun nail art and color of your choice.

Advance booking is required. Facial is for kids 16 to 17 years old. Parents/guardian need to sign a spa release form.

Prices are net in thousand IDR and inclusive of service charge and government tax.

Westin Kids Spa is open daily from 10AM to 6PM.

For reservations, please contact the spa to schedule your appointments on extension 6438 or press Service Express.





# WESTIN FAMILY ACTIVITIES



Enjoy extended opening hours until 9PM exclusively on Monday, Wednesday and Thursday.

Kid and baby products are available at Resort Boutique including kids tooth brushes, tooth paste, sun screen, shampoo, shower gel, diapers in various size and wet tissues. Also available through Service Express amenities such as bottle sterilizer & warmer, baby bath tub, kids slippers and bathrobe.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9AM – 10AM Tennis Clinic*	9AM – 10AM Nature Walk and Discover	9AM – 10AM Kids Yoga	9AM – 10AM Balinese Gamelan	9AM – 10AM Sea Shell Collecting	8AM – 9AM Family Yoga*** 9AM – 10AM Kids Yoga	9AM – 10AM Sandy Beach Walk
10AM – 11AM Tropical Garden Tour	9:30AM – 10:30AM Family Olympics	10AM – 11AM Fun Mini Golf	10AM – 11AM Wall Climbing	10AM – 11AM Fruit Carving	10AM – 11AM Recycle Plastic Bottle or Museum Pasifika Tour**	10AM – 11AM Wall Climbing
11AM – 12 noon Paper Mask Making	10AM – 12 noon Balinese Art & Craft	11AM – 12 noon Spider Web Making	11AM – 12 noon Creative Pop Up Card	11AM – 12 noon Suikawari Fun Games	11AM – 12 noon Paper Puppet Making	11AM – 12 noon Recycle & Collage

12 noon – 1PM  
Break

1PM – 2PM  
Free Time, Table Games, Lego and Coloring

2PM – 3PM Batik Painting	2PM – 3PM Making Balinese Offering	2PM – 3PM Beads and String	2PM – 3PM Learn Bahasa Indonesia	2PM – 3:30PM Shell Creation	2PM – 4PM Kite Decoration	2PM – 4PM Sand Activities
3PM – 5PM Wall Climbing	3PM – 4PM Hotel Temple Tour	3PM – 5PM Wall Climbing	3PM – 4PM Balinese Dance Lesson	3:30PM – 4:30PM Family Olympics	4PM – 5PM Kite Flying	4PM – 5PM Paper Windmill Making
5PM – 6PM Rest Time	4PM – 5PM Make Your Own Volcano	5PM – 6PM Rest Time	4PM – 5PM Tennis Clinic*	4PM – 4:30PM Feeding The Fish		
6PM – 8PM Origami		6PM – 7PM Paper Flower Making		5PM – 6PM Rest Time		
8PM – 9PM Stargazing		7PM – 9PM Movie Night		6PM – 7PM Origami		

7PM – 9PM  
Parent Night Out

## CALL SERVICE EXPRESS FOR RESERVATIONS

Kids Club activities are available for children ages 4-12.

\*Kid must wear proper tennis shoes

\*\*Reservations are required one day in advance with a minimum of 5 children (7-12 yrs.) at IDR 100,000 net/child.

\*\*\*IDR 300,000 net per family (2 adults & 2 kids) for resident guests, IDR 600,000 net per family (2 adults & 2 kids) for non-resident guests

THE KIDS CLUB IS LOCATED NEAR SEASONAL TASTES.

## FAMILY DINING TIMES

- Velada Tapas Bar & Kitchen, daily from 6PM to 8PM
- Prego Sunday Brunch with kids activities, every Sunday from 11:30AM to 3PM
- Hamabe, daily from 5.30PM to 8PM





## The Beginning of Your Shared Destiny Starts Here

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The date has been set and now it is time to plan the wedding day of your dreams. Be it an intimate ritual on the beach or an indulging gala event in the elegance of our ballroom. We can also arrange an uplifting ceremony in the soothing Balinese ambience of our temple garden or maybe a romantic celebration at sunrise. The decision is yours to make and our wedding specialists will be there every step of the way to ensure that you are well cared for.

For more information or to make a reservation, visit [westin.com/Bali](https://westin.com/Bali) or call 62.361.771906. Email: [wedding.specialist@westin.com](mailto:wedding.specialist@westin.com)





## Environmental Protection

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Help us safeguard the local marine environment by refraining from collecting starfish, shells, and other sea creatures. Please leave them where they belong for everyone to enjoy. Also please be aware of sea urchins, which can be toxic and leave your skin feeling itchy. Should you come in contact with one of these creatures, please consult our in-house doctor immediately.

## Sarbagita - Public Transport

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A public bus service called Sarbagita is being operated by the provincial government connecting Nusa Dua to various tourist destinations across Bali.

A fleet of air-conditioned buses are in daily use with the aim to reduce road traffic congestion with extremely affordable tickets. Two bus stops are located just 100 meters on the right and 300 meters on the left from the resort's entrance.

### **BALI COLLECTION**

Bali Collection is a shopping center complete with dining and top-end international retail outlets.

### **T GALLERIA BALI**

T Galleria by DFS is a duty free shopping complex which offers customers an expertly curated collection of the world's leading luxury brands in a modern and inviting shopping environment.

For more information regarding the shuttle bus schedule for Bali Collection as well as transfer arrangements for T Galleria Bali, please visit Service Express desk in the Lobby.

## Smoking Advice

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In relation to the Westin brand wellness concept, please be advised that smoking is not recommended within the Resort. Kindly contact one of our waiting associates regarding our designated smoking area.

## Pure Relaxation

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Full Day usage of your private gazebo is priced at IDR 250,000 net. Exclusive Dream Bed by the beach or by the pool side priced at IDR 150,000 net. Savor the calming sounds of the ocean and the soothing tropical breeze.

For reservations please approach one of our team members at the "Pool Towel Counter" or call Service Express® from the comfort of your room. Please note that prior reservation is required to use a Gazebo or Dream Bed.

## Taxi & Car Service

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Should you require any transportation services, please reach out to our Transportation Desk at Lobby or use metered taxi that is available 24-hour at the resort. Please be informed that any online taxi services such as Uber or Grab are not supported by the local communities in Nusa Dua.

## Sharing is Caring

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At The Westin Resort Nusa Dua, Bali, we proudly support Scholars of Sustenance (SOS), a food rescue foundation that collects and redistributes edible goods to help those in need. A significant amount of our excess food items (particularly what is left over from breakfast) is picked up on a daily basis, carefully sorted and then donated to local orphanages. This worthy project provides underprivileged children with a nutritious meal at the end of the school day.

# Shopping Around The Corner

Marriott Bonvoy members receive 10% off for any purchase at By The Sea, Paul Ropp, You & Me Jewellery and Quiksilver.

## RESORT BOUTIQUE

Find unique gifts and holiday souvenirs at our Resort Boutique, located in the shopping arcade. There is also a fine collection of stylish lifestyle merchandise reflecting Westin's concept of modern luxury. There is also various handicrafts from student of disable school.

Open daily from 9AM to 6PM.



## QUIKSILVER

Quiksilver has been producing surf & snow clothing, outerwear & accessories since 1969. No other company pushes to defy boundaries quite like Quiksilver. Proudly introduces our newest collection of apparel and gear designed with every die hard surfer and snowboarder in mind. Quiksilver has top of the line clothing and gear for every lifestyle. Explore our latest collections of boardshorts, wetsuits, t shirts, thongs, hats and snow gear. Open daily from 8AM to 9PM.

## DREAM STUDIO BALI

Enjoy your unique photo session with our resort professional photographer & take home memories for a lifetime! Dream Studio Bali is the resort preferred professional photography service, assisting you to capture your precious moments with a personalized 45-60 minute photo session. A stroll around the resort or playtime on the beach will turn into a work of art, which you can share with your loved ones.

## BALI GONG

Bali Gong Art Gallery is a family owned business and established since 1990 in Bali. You can find wide selection of handicrafts, furniture, antique products, paintings, and many more arts selection which now available in our Resort's shopping arcade. Open daily from 10AM to 5PM.

## BY THE SEA

Brazilian-born designer Renato Vianna spent 15 years with renowned menswear fashion house Richards before moving to Bali in 1993. Spending much of his childhood at the beach, he knows all about the relaxed lifestyle concept. Vianna's grandfather was a tailor and his mother made all the family clothes, so a career in the fashion industry was inevitable. Inspired by the island's vibrant colors, natural beauty and rich artistry, he created pieces to complement Bali's tropical lifestyle. He has succeeded in taking high-quality, originally designed fabrics by turning them into easy-to-wear, cool and comfortable clothes that are currently sold in 4 countries worldwide. Open daily from 9AM to 9PM.



## PAUL ROPP

Paul Ropp is an international fashion designer with an eye toward eclectic designs that are distinctive and captivating. Offering dynamic men's and women's fashions direct from the runway plus a complete line of accessories, Paul Ropp offers a full range of clothing that is not only wearable and full of movement, but also a magnificent heirloom treasure. Open daily from 9AM to 9PM.

## YOU & ME JEWELLERY

Discover an artistically handcrafted selection of silver jewellery that is totally unique to the island of Bali. Open daily from 9AM to 9PM.





# VELADA

TAPAS BAR & KITCHEN

at The Westin Resort Nusa Dua, Bali

Unwind over tasty tapas and refreshing cocktails in a vibrant setting of Velada Tapas Bar & Kitchen.

## BUY 1 GET 1\*

on beer, wine, sangria, and juices  
8PM - 11PM

For one transaction. No cash value.

# Brunch PREGO *Adventura*

Upgrade your breakfast to Sunday Brunch for IDR 250,000++ per person\*  
Including free flow signature iced tea, coffee, and soft drinks.

\* if your room is inclusive of daily breakfast



**KIDS EAT FREE**  
ENJOY SPECIAL GROUP OFFER FOR BIRTHDAY & SPECIAL OCCASION

